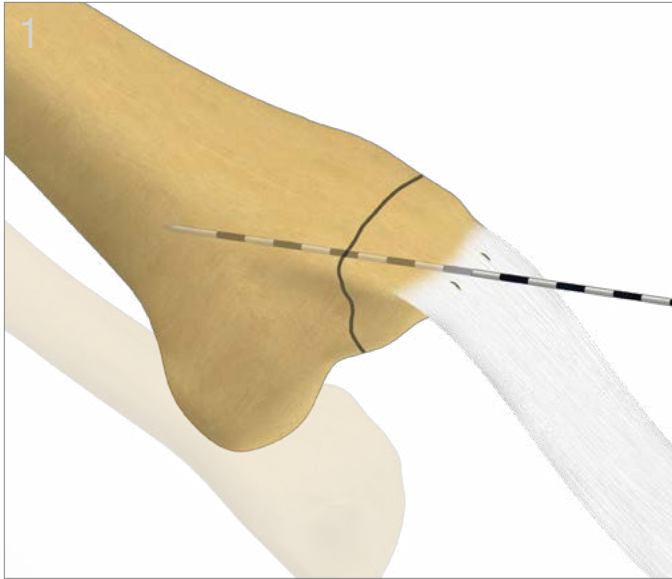




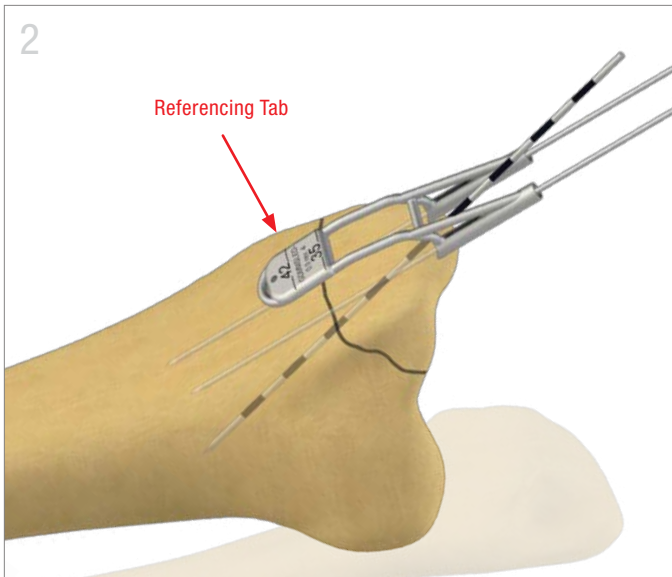
Medial Malleolar Sled[®]

Surgical Technique | *TriMed Ankle Fixation System*



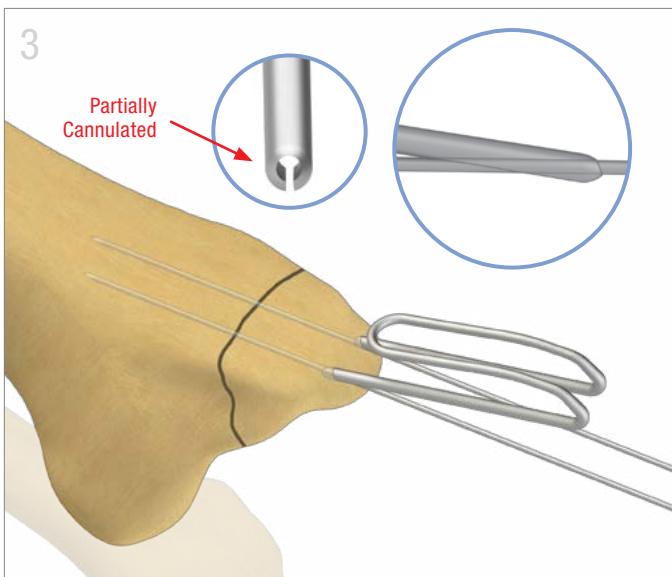
Exposure and Initial Reduction

- Expose medial malleolus with a longitudinal incision.
- Reduce fracture and insert a single 1.1mm (0.045”) K-wire in the center of the fragment for temporary fixation.



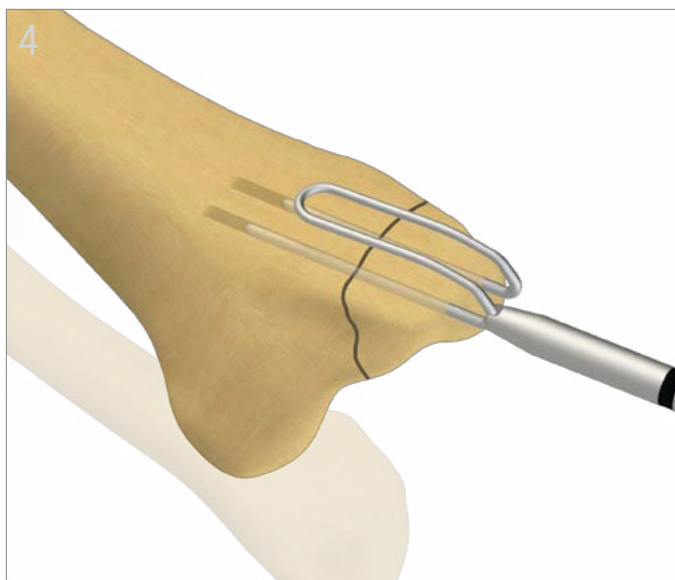
Preparation for Sled

- Apply the Medial Malleolar Sled Drill Guide against tip of medial malleolus by holding the referencing tab flush against the surface of the proximal fragment.
- Using the Sled Drill Guide, insert two 0.9mm (0.035”) guide wires across fracture site deep into the proximal fragment. Confirm position with X-ray.
- Remove the Sled Drill Guide. Using a 2.0mm (yellow) cannulated drill, drill over the 0.9mm guide wires, past fracture site deep enough to accommodate legs of the Sled.



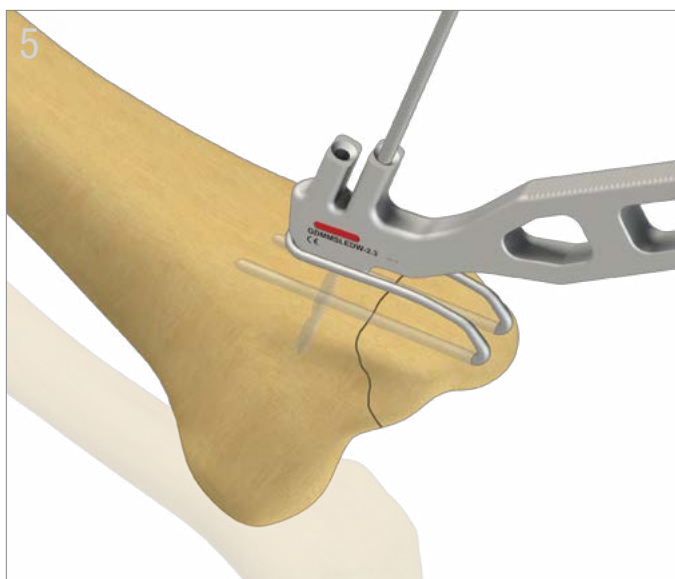
Sled and Wire Engagement

- Tilt the Sled up and slide the partially cannulated legs of over the guide wires.
- Engage tips of the legs into the distal fragment.
- Remove the guide wires.



Sled Insertion

- Impact the Sled until it is fully seated against the distal fragment.



Apply Sled Washer

- Seat the groove of the Medial Malleolar Sled Washer Drill Guide against the proximal loop of the Sled and manually compress the fracture.
- Drill two holes with the 2.3mm (red) drill through the guide at an approximate 15° angle. Avoid penetration of the ankle joint.
- Remove the Washer Drill Guide and apply the Medial Malleolar Sled Washer.



Final Fixation

- Insert a 3.8mm cancellous bone screw into the distal hole but do not tighten completely to allow Sled to glide underneath the washer.
- Insert and tighten the second cancellous screw into the proximal hole. The screw head's profile will push the Sled proximally, compressing the fracture.
- Fully tighten the distal screw to complete fixation.

All implants made from surgical grade stainless steel

Medial Malleolar Sled®

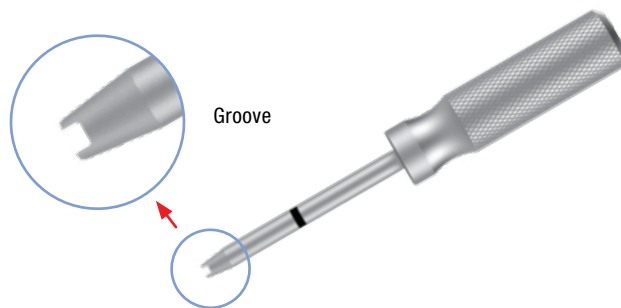
MMSLED-35 30mm
MMSLED-42 37mm
MMSLED-60* 51mm

*Special Order



Impactor

IMPCT-SLED



Sled Washer

MMSLEDW



Cancellous Screw

CAB3.8-xx
10mm to 40mm



Medial Malleolar Sled Guide

GDMMSLED-0.9



Medial Malleolar Sled Washer Guide

GDMMSLEDW-2.3



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The technique presented is one suggested surgical technique. The decision to use a specific implant and the surgical technique must be based on sound medical judgment by the surgeon that takes into consideration factors such as the circumstances and configuration of the injury.

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For indications, contraindications, warnings and precautions related to TriMed Ankle Fixation System reference IFU on trimedortho.com/ifu.

See trimedortho.com/patents for all patent information.

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